

SNAP SHUTDOWN:

WHAT TO KNOW

BEFORE NOVEMBER 1ST



If the federal shutdown continues, Connecticut residents who use SNAP will not receive next month's benefits.

WHAT WILL HAPPEN ON NOVEMBER 1ST?

If the shutdown continues past October 31, 2025, then starting on November 1, 2025:

- If you have SNAP, you will not receive money from SNAP to buy food
- If you have SNAP, you will not be able to use money rolled over from previous months to buy food

The state Department of Social Services is tracking what will happen. If you use SNAP, your October benefits are still available through October 31, 2025.

If the federal government reopens, this stop in benefits may not happen, but some people will still be at risk of losing SNAP. Also on November 1, 2025 some changes to SNAP work requirements and eligibility go into effect. These changes put some people at risk of losing SNAP even if the federal government reopens.

FIND A FOOD PANTRY

Connecticut Foodshare has a food pantry finder. To locate a food pantry in your area, [click here](#).

HOW CAN I TAKE ACTION?

About 400,000 Connecticut residents use SNAP, and half of those are children. It's unfair to put federal cuts on the backs of people who need food. SNAP also helps keep our grocery stores and farms open, and it's estimated our state could lose jobs if SNAP cuts go unchecked.

Connecticut lawmakers need to hear from you why they should protect people from SNAP and HUSKY cuts.

